

# Borough of Ridgefield

Hugo Jimenez, Mayor

Joanna Congalton-Hali, Chairwoman Recreation & Parks Committee

Colin Ryu, Recreation & Parks Committee

Mike Said, Recreation & Parks Committee

Sarah Kim

James Kontolios

Gino Ramundo

## Recreation & Parks Commission

Jayne Purisima, Chairperson

Greg Anastassatos, Joseph Aponte, Stephanie Aponte,

Hector Brown, Esther Chucaralao, Joseph Daniels, Minhua Mia Gao, Min Kim,

David Lee, Jillian Quaregna-Marciona, John Quaregna, Robert Purisima,

Maria Toledo, Mike Toledo & Rosario Yang

# Ridgefield Recreation & Parks Dept.



All meetings of the Ridgefield Recreation & Parks Commission are held on the third Monday of every month (except July & August) at Boro Hall at 7:00 p.m. The public is invited to attend.

Ridgefield Recreation & Parks Department

700 Shaler Boulevard

Ridgefield, NJ 07657

\*\*\*\*\*ECRWSS\*\*\*\*

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# Fall 2024



# 2024 Fall Programs

(Register: Starting October 7th)

No Class Nov. 29th & Dec. 27th

## INTRO TO MUSICAL THEATER:

Junior Stars - Each class students participate in Musical theater training. Learning vocal & choreography to Popular Broadway Songs. By the end of the year they will be ready to preform for an audience.

SESSION I: Friday-Oct. 25th to Dec. 6th 6 to 8 year olds - (3:30 p.m. to 4:15 p.m.)

SESSION II: Friday-Dec. 13th to Jan. 24th 6 to 8 year olds - (3:30 p.m. to 4:15 p.m.)

STARS- Each class, students participate in Musical Theater training learning vocal & choreography to popular Broadway Songs. By the end of the year they will be ready to preform for an audience.

No Class Nov. 29th & Dec. 27th

SESSION I: Friday-Oct. 25th to Dec. 6th 8 to 12 year olds (4:30 p.m. to 5:15 p.m.)

SESSION II: Friday-Dec. 13th to Jan. 24th 8 to 12 year olds (4:30 p.m. to 5:15 p.m.)

Fee: \$40.00

*Instructor: Pilar Goldman* Location: Community Center



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THEATRE CLUB RIDGEFIELD PLAYER: Students in the Theatre Club will learn many aspects of stagecraft, acting, voice, audience technique & Musical Theatre Dance.

No Class Nov. 29th & Dec. 27th

SESSION I: Friday-Oct. 25th to Dec. 6th 8 years old and up (5:30 p.m. to 6:15 p.m.)

SESSION II: Friday-Dec.13th to Jan. 24th 8 years old and up (5:30 p.m. to 6:15 p.m.)

Fee: \$40.00

*Instructor: Pilar Goldman* Location: Community Center



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INTRO TO SOCCER: Come learn the fundamentals of Soccer while having fun and meeting new friends. Ages 3-4 year olds. Parents must stay with the children.

MAXIMUM: 10 CHILDREN

No Class on Nov. 11th & Dec. 30th

SESSION I: Monday-Oct. 21st to Dec. 2nd (4:00 p.m.-4:45 p.m.)

SESSION II: Monday-Dec. 9th to Jan. 20th (4:00 p.m.-4:45 p.m.)



Fee: \$40.00

*Location: Community Center*

*Instructor: Pilar Goldman*

# 2024 Fall Programs

## RIDGEFIELD RECREATION

### “HALL OF FAME”

**Rich Guidi**

**Robert Fioravanti**

**Zack Apkarian**

**Rich Sargenti**

**Dr. Ed Catherina**

**Mark Adamski**

**Anthony Cancian**

**Doug Swartz**

**John Brockel**

**Gary Pincus**

**John Haas**

**John Quaregna**

**Renee Durkin**

**Willie Hernandez**

**Geri Hernandez**

**Arnold Gibaldi**

**Lauren Larkin**

**Bill Lynch**

**Frank Donofrio**

**Sal Cumella**

**Greg Anastassatos**

**Bernie Dorsey**

**Terry Chritis**

**Petey Chritis**

**Cathy Bonacci**

**Lee Durkin**

**Thank you for all your years of service.**



# 2024 Fall Programs



## Halloween Special Events

**Haunted Forest** - Friday-October 25th at 7:00 p.m. at Major Stocum Drive. Drive thru at your own risk.

**\*FOOD DRIVE\***

Please bring non-perishable items for local Food Pantry.

**Rag-a-Muffin Parade/Trunk or Treat** - Saturday-October 26th at 12:00 p.m. starting in front of RMHS and ending at Major Stocum Drive. Children Pre-K thru 4th grades.



## ANNUAL TREE LIGHTING CEREMONY

In conjunction with the Knights of Columbus, come out and enjoy the Tree Lighting Ceremony on Wednesday, December 4th at 7:00 p.m. (Columbus Park) featuring the Slocum School 4th Grade Chorus. Hot chocolate and cookies will be served.

**\*FOOD DRIVE\***

Please bring non-perishable items for local Food Pantry.



## WINTER WONDERLAND

On Saturday, December 14th, we will be holding our annual Winter Wonderland Day at the Community Center which includes a Craft Show, face painting, blow-up toys, pictures with Santa & many more fun-filled activities for the entire family. Please come and join us. Times to be announced.

# 2024 Fall Programs

(Register: Starting October 7th)

**ATTAINABLE YOGA:** A yoga class for individuals who want to stick to the basics & fundamentals of yoga regardless of flexibility & ability. Class will focus on connection with breath, postures (asanas) & tension release, as well as, the importance of grounding, centering & alignment. Students needs will be taken into consideration & accommodations will be provided. Please bring a small blanket or towel & a yoga mat.

**No Class Nov. 11th & Dec. 30th**

**Session I:** Monday-Oct. 21st to Dec. 2nd (7:30 p.m. to 8:30 p.m.)  
**Session II:** Monday-Dec. 9th to Jan. 20th (7:30 p.m. to 8:30 p.m.)



Fee: \$50.00 Location: *Community Center* Instructor: *Neisha Cedeno*

**CHAIR YOGA:** Get ready to move through a complete series of seated & standing yoga poses. Chair support is offered so you can perform a variety of seated & standing postures designed to increase flexibility, balance & range of movement. Restorative breathing exercises & final relaxation will promote stress reduction & mental clarity. This class is suitable for nearly every fitness level. Please arrive on time as class will begin promptly at 6:30. Bring a yoga mat and a small blanket or bath size towel.

**No Class Nov. 28th & Dec. 26th**

**Session I:** Thursday-Oct. 24th to Dec. 5th (6:30 p.m. to 7:15 p.m.)  
**Session II:** Thursday-Dec. 12th to Jan. 23rd (6:30 p.m. to 7:15 p.m.)



Fee: \$40.00 Location: *Community Center* Instructor: *Neisha Cedeno*

**STRENGTH & STRETCH:** A fusion of body weight exercises & yoga stretches and mobility movements, designed to build muscle, increase flexibility, and improve body awareness. All levels. Please bring a set of weights anywhere between 2 and 5lbs. And an elastic exercise band and a mat.

**No Class Nov. 11th & Dec. 30th**

**Session I:** Mondays: Oct. 21st to Dec. 2nd (6:15 p.m. to 7:15p.m.)  
**Session II:** Mondays: Dec. 9th to Jan. 20th (6:15 p.m. to 7:15 p.m.)



Fee: \$50.00 Location: *Community Center* Instructor: *Neisha Cedeno*

**YOGA SCULPT:** A full body dynamic and invigorating workout class that combines traditional yoga poses with strength training exercises. Using weights combined with yoga poses you challenge your body to build strength, stability, flexibility and endurance. This class will be on the more challenging side. Please bring mat, towel, water bottle & weights. 2-5 lbs.

**No Class Nov. 28th & Dec. 26th**

**Session I:** Thursdays: Oct 24th to Dec. 5th (7:30 p.m. to 8:30 p.m.)  
**Session II:** Thursdays: Dec. 12th to Jan. 23rd (7:30 p.m. to 8:30 p.m.)



Fee: \$50.00 Location: *Community Center* Instructor: *Neisha Cedeno*

**CALM, BREATH, CLEAR MIND:** Join us for a 45 minute session designed to calm the mind and center the body. The first 10 minutes focus on deep intentional breathwork, allowing you to release stress and prepare for stillness. Following the breathwork, a 30 minute guided meditation will lead you into a deeper state of relaxation and mindfulness, helping you cultivate inner peace and clarity. This practice is suitable for all levels and provides a gentle yet powerful way to reset and reconnect with yourself. Please bring a small blanket or towel & a yoga mat.

**No Class Nov. 28th & Dec. 26th**

**Session I:** Thursdays: Oct. 24th to Dec. 5th (5:30 p.m. to 6:15 p.m.)  
**Session II:** Thursdays: Dec. 12th to Jan. 23rd (5:30 p.m. to 7:15 p.m.)



# 2024 Fall Programs

**The Ridgefield Public Library** - offers many fun programs for children and adults all year long. Check out the library website for a calendar of events, library hours and more!

[www.ridgefieldpubliclibrary.com](http://www.ridgefieldpubliclibrary.com)

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**The Ridgefield Youth Center** - located in the lower level of the Ridgefield Swimming Pool Complex, is open to all children 10 to 18 years old. We offer the children an opportunity to relax with friends while playing a game of pool, ping-pong, air hockey, X-Box, Play Station, or even a good old-fashioned board game. The Youth Center is run by volunteers who oversee the children on Monday to Thursday from 3:00 p.m. to 5:45 p.m., Friday & Saturday from 6:00 p.m. to 9:00 p.m. Some of the upcoming activities are Yankee Game, Halloween Party, Pre-Super Bowl Party, Pizza Parties, Kick-Off Summer Pool Party and other activities planned for the year.

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**Senior Citizens of Ridgefield, Inc.** - Ridgefield Residents 60 years and older, who enjoy socializing and spending time with friends and neighbors, please join the Senior Citizens of Ridgefield, Inc. We provide our seniors with social, educational, recreational and physical activities. Throughout the year we offer day trips to our favorite Theatre, Casino and Winery as well as overnight stays to PA and other locations. If you're interested in joining us, please come to our meeting which is held the first Thursday of every month at the Ridgefield Community Center located at 725 Slocum Avenue, Ridgefield N.J.

Senior Citizens of Ridgefield Inc.  
201-943-4078

# 2024 Fall Programs

(Register Oct. 7th)

**FUNDAMENTALS OF BASKETBALL:** Come learn the fundamentals of basketball

No Class on Nov. 11th & Dec. 30th

**SESSION I:** Monday-Oct. 21st to Dec. 2nd K to 4th Grade (3:15 p.m. to 4:00 p.m.)

**SESSION II:** Monday-Dec. 9th to Jan. 20th K to 4th Grade (3:15 p.m. to 4:00 p.m.)



Fee: \$40.00 *Instructor: Bernie Dorsey (Ret. Phys Ed. Teacher)* Location: Community Center  
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**FUNDAMENTALS OF SOCCER:** Come learn the fundamentals of soccer.

No Class Nov. 28th & Dec. 26th

Grades K-4

**SESSION I:** Thursdays-Oct. 24th to Dec. 5th (3:15-4:00 p.m.)

**SESSION II:** Thursdays-Dec. 12th to Jan. 23rd (3:15-4:00 p.m.)



Fee: \$40.00 *Instructor: Bernie Dorsey (Ret. Phys Ed. Teacher)* Location: Community Center  
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**FUNDAMENTALS OF FOOTBALL:** Come learn the fundamentals of Football.

No Class Dec. 25th & Jan. 1st

Grades K-4

**SESSION I:** Wednesdays-Oct. 25th to Nov. 27th (3:15p.m.-4:00 p.m.)

**SESSION II:** Wednesdays-Dec. 4th to Jan. 22nd (3:15 p.m.-4:00 p.m.)



Fee: \$40.00 *Instructor: Bernie Dorsey (Ret. Phys Ed. Teacher)* Location: Community Center  
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# 2024 Fall Programs

(Register: Starting December 20th)

**Get Your Wiggles Out:** Open to all children ages 12 months to 3 years. The parent/child class allows children and their partner to experience the joy of music and movement together through a variety of activities and games.

**SESSION I:** Wednesdays-Jan. 8th to Feb. 12th 12 months to 3 year olds (4:30 p.m. to 5:15 p.m.)

**SESSION II:** Wednesdays-Feb. 19th to March 26th 12 months to 3 year olds (4:30 p.m. to 5:15 p.m.)

Fee: \$40 *Instructor: Alyssa Goldman* Location: Community Center  
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**Fairy Tale Adventures:** Introduce your tiny dancers to the enchanting world of ballet! Our kid's ballet class tailored for 2-3 years old, combines grace and imagination for a delightful introduction to dance.

**SESSION I:** Wednesdays-Jan. 8th to Feb. 12th 2 years to 3 year olds (5:15 p.m.-6:00 p.m.)

**SESSION II:** Wednesdays-Feb. 19th to March 26th 2 years to 3 year olds (5:15 p.m.-6:00 p.m.)

Fee: \$40 *Instructor: Alyssa Goldman* Location: Community Center  
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**Music and Movement:**  
**2-3 year olds-**Engage with your little ones in a joyful Music and Movement class designed for 2 and 3-year olds! Explore the magic of rhythm, dance, and play in a fun-filled environment where creativity knows no bounds.

**SESSION I:** Thursday-Jan. 9th to Feb. 13th 2 to 3 year olds (4:30 p.m. to 5:15 p.m.)

**SESSION II:** Thursday-Feb. 20th to March 27th 2 to 3 year olds (4:30 p.m. to 5:15 p.m.)

**3-5 year olds-**Engage with your little ones in a joyful Music and Movement class designed for 2 and 3-year olds! Explore the magic of rhythm, dance, and play in a fun-filled environment where creativity knows no bounds.

**SESSION I:** Thursday-Jan. 9th to Feb. 13th 3 to 5 year olds (5:30 p.m. to 6:15 p.m.)

**SESSION II:** Thursday-Feb. 20th to March 26th 3 to 5 year olds (5:30 p.m. to 6:15 p.m.)

Fee: \$40 *Instructor: Alyssa Goldman* Location: Community Center  
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**Intro to Comp Cheer-** A basic introduction to competition cheerleading. Participants will learn a short routine.

**SESSION I:** Thursday-Jan. 9th to Feb. 13th 2nd to 4th grade (6:30 p.m. to 7:15 p.m.)

**SESSION II:** Thursday-Feb. 20th to March 26th 2nd to 4th grade (6:30 p.m. to 7:15 p.m.)

Fee: \$40 *Instructor: Alyssa Goldman* Location: Community Center



# 2024 Fall Programs

(Register: Starting October 7th)

**LATIN CARDIO:** Consists of low-impact, easy to follow, dance steps that will help you burn calories and lose weight. You will have tons of fun, while exercising to the beat of Salsa, Cumbia, Merenge, Mambo and more! It is available to residents 16 yrs. of age and up.

**Session I:** Wednesdays: Oct. 23rd to Nov. 27th (7:00-7:45 p.m.)

**No Class Dec. 25th**

**Session II:** Wednesdays: Dec. 4th to Jan. 22nd (7:00-8:00 p.m.)

**(Participants must bring a mat, towel or small blanket to this class.)**

Fee: \$50.00 Location: Community Center *Instructor: Pilar Goldman*



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**BOY'S BASKETBALL CLINIC:** Learn fundamentals of Basketball with Royal Basketball Alumni, Coach Mike Toledo.

**No Class Oct. 31st—Make-Up Nov. 2nd**

Mondays - Oct. 14th to Nov. 25th 5th to 8th Grade (6:00 p.m.— 8:00 p.m.)

Fee: \$20.00 Location: Slocum Skewes School Gym

*Instructor: Coach Mike Toledo*

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**GIRL'S BASKETBALL CLINIC:** Learn fundamentals of Basketball with our "Coach Lou".

**No Class Nov. 27th**

Wednesdays-Oct. 15th to Dec. 4th 3rd to 8th Grade (6:00 p.m.-8:00 p.m.)



# Ridgefield Recreation & Parks Department

Physical Address: Veteran's Memorial Park/Pool Complex Building

565 Walnut Street

(Corner of Banta & Walnut Streets)

Ridgefield, New Jersey

Mailing Address: 700 Shaler Boulevard, Ridgefield, NJ 07657

Phone: (201) 943-5342 Fax: (201) 943-8887

Borough Website: [www.ridgefieldnj.gov](http://www.ridgefieldnj.gov)

Ray Ramirez, Director/Borough Administrator

Debbie Fugnitti, Program Director

Cathy Bonacci, Secretary

## Registration Information

Registration can be done in person, online, or over the phone. A Community Pass account is required for all registrations. If you already have an account, **do not** create a new account. Visit

[www.communitypass.net](http://www.communitypass.net), for assistance please contact the Rec Office. We accept cash,

check, money order, or debit/credit for payment for all activities. Checks must be made payable to: "Borough of Ridgefield." Certain sports will require a uniform deposit. Uniform deposits can only be made by check. Some programs require a copy of your child's Birth Certificate. All returned checks are subject to a \$20.00 bank fee. The Recreation & Parks Dept. reserves the right to cancel or adjust program offerings at any time. All registrations are

accepted on a first-come, first-served basis.

Class sizes are limited, so register early!

**\*\*Please Note** – Any class cancelled due to a holiday, inclement weather, or for some unforeseen circumstance, will not be made up. All classes held at the Community Center will be cancelled on Borough holidays. All classes held at the Schools will be cancelled when school is not in session\*\*

**ALL PROGRAMS SUBJECT TO CHANGE DUE TO HEALTH PROTOCOLS.**



# 2024-2025 Winter Sports Registration



Register: (October 7th

**BOY'S & GIRL'S BASKETBALL:** Open to all children in grades 3-8. The in-town program practices are held once per week, and games are played on Friday nights and on Saturdays at Slocum Skewes School.

Fee: \$50.00\*

**5th & 6th Grade Boy's Travel Team** (must play in-town) with an additional \$25.00 fee for Travel Team members.



WE ARE IN DESPERATE NEED OF COACHES. PLEASE HELP BY VOLUNTEERING!!!

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## SIDELINE BASKETBALL:

This co-ed program is for children in grades K-2nd and will run for 5 weeks, beginning Jan. 18th through Feb. 15th. Classes will be held on Saturdays in the Bergen Blvd. School Gym and will last 45 minutes each, with times as follows: Grade K: 10:00-10:45 a.m. 1st Grade: 11:00-11:45 a.m. 2nd Grade: 12:00-12:45 p.m.

*Every participant will receive a FREE T-shirt and medal upon completion of program.*

Fee: \$20.00

Location: Bergen Blvd. School

Instructor: Bernie Dorsey



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**KENDO/KUMDO:** Learn the art of Kendo which is a highly physical/mental activity which combines modern Martial Arts and Swordsmanship teaching principles, values, discipline & good posture while getting a great workout.

**Ages: 9 and Up (Minimum 6 Maximum 12 per class) On-going classes**

**Location: Community Center**

**For further information**

**Colin @ 917-757-5044.**

**please contact Instructor Master**

